

Specialist Qualification in Sport



Entry Criteria:

- Five GCSE's at Grade 4 or above
- One of the five to be GCSE Mathematics or English at Grade 4 or above.

Coursework/Examination Requirements: The course consists of two examined units and three coursework units.

Awarding Body/Specifications: Cambridge Technical Certificate/Extended Certificate in Sport and Physical Activity. Students will be awarded a Pass, Merit, Distinction or Distinction* by the points gained for the successful achievement of individual units.

Specialist Qualification (equivalent to one A Level): The Specialist Qualification in Sport focuses on particular aspects of employment within the sports sector and is equivalent to one A Level. Students should also choose two to three additional subjects alongside this qualification.

The course consists of five units and three of the units are made up of approximately five assignments. Assignments can be in different formats such as written reports, PowerPoint presentations, discussions, role plays and posters. There are also practical activities such as participating in sports on the school site as well as outdoor sports at an external venue. **The following units will be covered on this course:**

Year 12

Unit 1: Body Systems and the Effects of Physical Activity

Unit 2: Sports Coaching and Activity Leadership

Year 13

Unit 3: Sports Organisation and Development

Unit 5: Performance Analysis in Sport and Exercise

Unit 18: Practical Skills in Sport and Physical Activity

Students will be awarded a Pass, Merit, Distinction or Distinction* with the points gained for the successful achievement of individual units. These are then calculated into UCAS points.

Specialist Qualification Certificate: If you choose to study this subject for one year only, you will be awarded the Certificate (equivalent to an AS Level). You will cover Units 1 and 2 and sit public examinations in Year 12.

Progression: This qualification is not just about being able to play sport; it will provide students with the skills, knowledge and understanding to progress into Higher Education on a sport-related programme such as Sport and Physical Education, Sport Science, Sport Coaching and Development or Sport and Leisure Management. If you wanted to gain employment upon the completion of this course, you could work in the following areas: sport centres, leisure centres and outdoor activity centres. If you decide to go to university, this course provides you with the same opportunities as studying A Levels would.

Opportunities: You will have the opportunity to assist teachers within Key Stage 3 Physical Education lessons.