



Entry Criteria:

- You will need to achieve the pathway criteria, please see the prospectus for further information
- You will need to achieve a Grade 4 or above in GCSE Physical Education
- You will need to achieve a Grade 4 or above in GCSE Science.

Coursework/Examination Requirements:

AS Assessment	Two Examinations; both worth 35% and one Non-Examined Assessment worth 30%
A Level Assessment	Three examinations; one worth 30% and two worth 20% and one Non-Examined Assessment worth 30%.

Awarding Body/Specifications: OCR

Advanced Level (A Level): Physical Education is the study of sporting performance at two levels. At a micro level, students look in detail at anatomy and physiology, biomechanics, and the psychology of sport and how it affects performance. At a macro level, students look at how society and organisations influence performance for both recreational and elite performers. Students study Physical Education to further enhance their knowledge of Sports Science and understanding of the sporting world. You will be participating in a sport regularly, both inside and out of school, benefiting from high level coaching. The focus is on you as a sports person and how you can use a variety of knowledge and skills to maximise your performance. **The following units will be covered on this course:**

AS - Year 12 Units

Unit 1 – Physiological Factors Affecting Performance

Applied Anatomy and Physiology, Exercise Physiology, Biomechanics, including Technology in Sport

Unit 2 – Psychological and Socio-Cultural Themes in Physical Education

Skill Acquisition, Sports Psychology, Sport and Society

Unit 3 – Performance in Physical Education

Students are assessed in the role of either performer or coach in one practical activity; students are also assessed in the Evaluation and Analyses of Performance for Improvement (EAPI).

A Level - Year 13 Units

Unit 1 – Physiological Factors Affecting Performance

Applied Anatomy and Physiology, Exercise Physiology, Biomechanics

Unit 2 – Psychological and Socio-Cultural Themes in Physical Education

Skill Acquisition, Sports Psychology

Unit 3 – Socio-Cultural Issues in Physical Activities and Sport

Sport and Society, Contemporary Issues in Physical Activity and Sport

Unit 4 – Performance in Physical Education

Students are assessed in the role of either performer or coach in one practical activity; students are also assessed in the Evaluation and Analyses of Performance for Improvement (EAPI).

Advanced Subsidiary (AS): If you choose to study this subject for one year you will be awarded the AS Level. You will cover the AS unit content and sit public examinations in Year 12.

Progression: Employers look favourably on A Level Physical Education as it is a multi-disciplined course. A large proportion of students who study A Level Physical Education go on to study Sport at Higher Education. It also opens up doors into Sports Apprenticeships, coaching roles as well as employment within the discipline.

Opportunities: All A Level students will be given the opportunity to work with visual analysis software to enhance the performance of their own work and others. Students also have one lesson a week with students in the lower school where they work as the assistant teacher in Physical Education lessons.